



COVID-19 RESOURCES

FOR SANTA BARBARA COUNTY

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OVERVIEW

The County of Santa Barbara has compiled this COVID-19 Resources Guide to assist community members experiencing challenges as a result of the pandemic. This guide offers information on local and national organizations that provide food resources, child and senior services, mental health and emotional care, financial assistance, and more. **Please check directly with each organization for current resource availability and eligibility criteria.**

RELIABLE SOURCES OF COVID-19 INFORMATION

- **Official State of CA COVID-19 Information Hub:** covid19.ca.gov
News, and information on various topics including education, health, employment, taxes, and more.
- **Official Santa Barbara County Health Dept. COVID-19 Information Portal:** publichealthsb.org
Includes local breaking news, daily status reports, press releases, and provider alerts.
- **Official 2-1-1 Santa Barbara COVID-19 Info:** 211santabarbaracounty.org/covid-19
For information and answers to common questions. Dial 211 24/7, or dial (833) 688-5551 Monday to Friday, 8:00 a.m.-5:00 p.m. Or, text your ZIP code to 898-211.
- **Official Centers for Disease Control (CDC) COVID-19 Portal:** cdc.gov/coronavirus
What you need to know: how to protect yourself, symptoms, what to do if you think you're sick, preparing your family, etc.

FOOD RESOURCES

CALFRESH APPLICATION ASSISTANCE

- **CalFresh:** apply at getcalfresh.org
CalFresh provides limited-income households with a monthly benefit to help buy food. Monthly benefits are credited to an EBT card, which you use like a debit card at the supermarket checkout.
- **CalFresh Application Assistance:** There are many agencies that can help you prepare your CalFresh application if you like. These include:

COUNTYWIDE:

Foodbank Santa Barbara County <https://foodbanksbc.org/get-help/calfresh/> 805-699-1198

SANTA MARIA & GUADALUPE:

- Good Samaritan Shelter & Detox, 805-347-3338 ext. 111, T/Thur/Fri, 8am-4pm
- Little House by the Park, 805-343-1198, M-F, 8:30am-4:30am
- FSA Family Support Services (Healthy Start), 805-928-4150, M-F, 8am-4:30pm

SOLVANG:

- Santa Ynez Valley People Helping People, 805-686-0295, M-Th 8am-5:30pm, Friday by appointment

LOMPOC:

- Family Service Agency, 805-742-2943, M-F, 8:30am-5pm

FOOD AID AND BENEFITS

- **Pandemic EBT (P-EBT) Benefits:** <https://cdss.ca.gov/home/pandemic-ebt>
Children who are eligible for free or reduced-price meals can get up to \$365 in food benefits in addition to their pick up meals from school.

FOOD DISTRIBUTION & DELIVERY

- **SAFE Foodbank Distribution Sites:** foodbanksbc.org/get-help/; 805-357-5761
Help available for residents to meet their nutritional needs.

SENIOR FOOD SERVICES

HOME DELIVERY

- **The Foodbank's Emergency Home Delivery** program provides staple groceries to people 65+ years of age, or people 55+ years of age with disabilities. For more information: <https://foodbanksbc.org/programs/seniors/>; 805-357-5761
- **Community Action Commission:** Free meal delivery for homebound seniors <https://www.communifysb.org/services/seniors>
North County 805-925-3010
South County 805-964-8857
- **Meals on Wheels:** Food delivery for disabled and homebound seniors
Santa Maria <http://www.mealsonwheelssmv.org>
Santa Barbara <https://www.mealsonwheelssb.org>

PROTECTED GROCERY SHOPPING HOURS

Check with your local grocery stores to inquire about exclusive/protected shopping hours for seniors and vulnerable populations.

SCHOOL-BASED FOOD DISTRIBUTION

LOMPOC

- **Lompoc Unified School District Child Nutrition Services:** <https://www.lusd.org/departments/food-services>

SANTA MARIA

- **Santa Maria-Bonita School District Food Services and Nutrition:** https://www.smbd.org/pf4/cms2/view_page?d=x&group_id=1527929993968&vdid=aiws2f1b1vxlXIV1

ORCUTT

- **Orcutt Union School District Child Nutrition:** http://www.orcuttschools.net/departments/child_nutrition

EMPLOYMENT, FINANCIAL, AND LEGAL ASSISTANCE

UNEMPLOYMENT BENEFITS

- **Employment Development Department (EDD):** https://www.edd.ca.gov/about_edd/coronavirus-2019.htm
Support services for people who have lost their jobs, had their hours reduced, or had their businesses affected due to the impacts of COVID-19 in California.
 - **Unemployment Claims Process:** https://edd.ca.gov/Unemployment/Filing_a_Claim.htm
Direct link on type of benefits available, Unemployment Insurance (UI) benefits calculator, and information on the claims filing process.
 - **Pandemic Unemployment Assistance:** https://edd.ca.gov/about_edd/coronavirus-2019/pandemic-unemployment-assistance.htm
Assistance for unemployed Californians who are not usually eligible for regular Unemployment Insurance (UI) benefits. This includes business owners, self-employed workers, independent contractors, and those with a limited work history who are out of business or have significantly reduced their services as a direct result of the pandemic.
 - **Benefits for Workers Impacted by COVID-19:** labor.ca.gov/coronavirus2019/#chart
Helpful chart from the state of California. Includes information on Disability Insurance, Paid Family Leave, Unemployment Insurance, Pandemic Unemployment Assistance, and more.
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CASH AID

- **CalWORKs:** apply at mybenefitscalwin.org
CalWORKs provides parents of minor children with temporary cash aid and services to overcome barriers such as domestic violence or substance abuse.
 - **General Relief:** <http://countyofsb.org/dss/services/cash-aid/general-relief.sbc>
General Relief offers temporary cash aid for adults without children, and offers job services or SSI advocacy. Most participants must repay the funds via work projects or future SSI benefits.
 - **COVID-19 Joint Response Effort for Santa Barbara County:** <https://www.sbfoundation.org/covid-19-response-grants/>
Grants for individuals and organizations impacted by COVID-19.
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PAID FAMILY LEAVE

- **Paid Family Leave (PFL):** https://edd.ca.gov/Disability/How_to_File_a_PFL_Claim_in_SDI_Online.htm
Available for those who stay home because they need to take care of someone who has contracted the virus (Covid-19) or who has been quarantined (must be certified by a medical professional).
- **Families First Coronavirus Response Act Paid Family Leave:** <https://www.dol.gov/agencies/whd/pandemic/ffcra-employer-paid-leave>
A new federal law requires certain employers to provide their employees with paid sick leave or expanded family and medical leave for specified reasons related to COVID-19.

JOB SERVICES

- **Workforce Resource Centers** America's Job Centers of California (AJCC): americasjobcenter.ca.gov
Centers provide job search, job readiness, and career guidance services. For more information or appointments, call the center in Santa Maria at (805) 614-1550 or Santa Barbara at (805) 568-1393.
 - **Job Training:** visit bcwdb.org
Job training for dislocated or laid-off workers may be available through the Workforce Innovation & Opportunity Act (WIOA). Call your local Workforce Resource Center (above) for more information. (For other resources, see the CalJOBS website at caljobs.ca.gov.)
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RESOURCES BASED ON TYPE OF EMPLOYMENT

- **One Fair Wage (One Fair Wage Emergency Fund):** <https://ofwemergencyfund.org/>
National organization providing emergency funds for restaurant workers, delivery truck drivers, and other gig workers who have been affected by COVID-19.
 - **California Restaurant Association Foundation (Restaurant Care /COVID-19 Grant):**
<https://craf.communityforce.com>
One-time financial support for restaurant employees facing hardship due to COVID-19.
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BUSINESSES AND EMPLOYERS

- **State and Federal COVID-19 Immediate Relief Resources:**
<https://covid19.ca.gov/business-and-employers/>
Comprehensive list of state and federal assistance resources for impacted business and employers
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LEGAL & TENANT AID

- **Legal Aid Foundation of Santa Barbara County:** <https://www.lafsbc.org/services>
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UTILITIES

- **Pacific Gas & Electric (PG&E):** https://www.pge.com/en_US/about-pge/company-information/protective-protocols/covid19-protections.page ; (877) 704- 8470
PG&E offers its most flexible pay plans to customers who indicate either an impact or hardship as a result of COVID-19.
- **Southern California Gas Co (SoCalGas):** socalgas.com/coronavirus; 800-427-2200
SoCalGas provides support to residential customers by not suspending services and offering payment assistance. Additionally, small business customers may be eligible for a waived late fees.
- **Southern California Edison (SoCalEdison):** socalgas.com/coronavirus;
- **Community Action Commission (CAC):** cacs.org; (805) 617-2897

CHILD SERVICES & WELL BEING

CHILD CARE

- **Children’s Resource & Referral** (sbfcc.org)

Children’s Resource & Referral of Santa Barbara County provides child care resources and information to families, including during a state of emergency such as the COVID- 19 crisis.

CHILD SERVICES & WELL-BEING

- **Child Welfare Services:** countyofsb.org/dss; (800) 367-0166 (after hours or emergency, call 911)
Responds to reports of child abuse or neglect, and helps strengthen families. to report child abuse

- **Resource Families:** visit ourcountyourkids.org

Resource Families give care and shelter to children who cannot safely return home. Visit the “Our County Our Kids” website to learn about becoming a resource family.

- **CALM (Child Abuse Listening Mediation):** <https://calm4kids.org/about-us>

Support services and therapy for children experiencing trauma or abuse.

- **Carpinteria Children's Project:** <https://carpchildren.org>; 805-203-6648

Early childhood education and Family Resource Center.

- **Domestic Violence Solutions 24 hour Crisis & Information Hotline:** 805-964-5245

Provides safety, shelter, and support for individuals and families affected by domestic violence.

- **The California Parent and Youth Helpline:** <https://caparentyouthhelpline.org/>; Call or text 1-855-4APARENT (855-427-2736)

Provides support and resource referrals to parent and youth during the current COVID-19 pandemic.

SENIORS AND PERSONS WITH DISABILITIES

Senior Services

- **Area Agency on Aging** is your “Senior Connection” for general assistance. Call (800) 510-2020.
- **In-Home Supportive Services:** visit countyofsb.org/dss
Helps elderly or dependent adults to continue to live with dignity at home.
- **Community Action Commission Senior Friendship Calls:**
<https://www.communiysb.org/services/seniors>
- **The CareLine Telephone Reassurance Program** is a free service for people 50 and older. Someone from the Center for Successful Aging will call and check on individuals each day or on days they prefer. Call (805) 898-8080 to sign up.
- **Family Service Agency** can provide Seniors 60+ with Mental Health Support. Call (805) 735-4376, extension 238.
- **The Long-Term Care Ombudsman** can help people with questions or concerns about loved ones in elder care facilities. Call (805) 922-1236.

PERSONS WITH DISABILITIES

- **Independent Living Resource Center:** <https://ilrc-trico.org/>
Assists individuals with disabilities and seniors with housing, personal support services, interpretation, emergency and disaster planning, and advocacy services.
- **California State Council on Developmental Disabilities:** scdd.ca.gov
Top questions from self-advocates, families and more. Includes information in Spanish.

TRANSPORTATION

- **Easy Lift Transportation (Dial-A-Ride (DAR) Program):** This Program is for individuals who are mobility impaired. Eligible individuals receive specialized curbside-to-curbside transportation for very little or no cost. For more information visit their website <https://www.easylift.org> or call 805-845-8963.

ISOLATION & QUARANTINE SUPPORT

- **Housing for Harvest:** 805-325-5341 (Intake Line open seven days a week, 7am-7pm)

Offers free hotel lodging to farmworkers who have tested positive for COVID-19 throughout Santa Barbara County. Individuals will receive hotel room stay for up to 14 days, healthy prepared meals, transportation, and wellness checks. Assistance in English, Spanish, Mixteco.

- **Isolation and Quarantine Assistance:** 2-1-1 (800-400-1572 for calls outside the area)

Assistance and temporary lodging available for individuals who are suspected or positive for COVID-19.

UNDOCUMENTED SERVICES & RESOURCES

- **805 Immigrant:** <https://sites.google.com/causenow.org/ccirc/recursos-recursos/condado-de-santa-barbara>

Local immigrant resources in Santa Barbara County, including the Immigrant Legal Defense Center, Legal Aid Foundation, MATTERS (a free immigration legal services provider), Immigrant Hope, the Public Defender, the nearest Mexican Consulate, UCSB Undocumented Student Services, Congressman Salud Carbajal, and private immigration attorneys.

- **805 UndocuFund:** 805undocufund.org

Disaster relief services for immigrant families in Santa Barbara and Ventura counties. Check website for current availability of funds and services.

- **Catholic Legal Immigration Network (CLNIC):** <https://cliniclegal.org/covid-19>

National legal aid network with up-to-date immigration information.

- **COVID-19 Resources for Undocumented Californians:** cijja.org/covid19

Created by the California Immigrant Youth Justice Alliance.

- **Legal Aid At Work relief funds:** legalaidatwork.org/blog/relief-funds/

List of known relief funds for undocumented workers.

HOMELESS AND TRANSITIONAL HOUSING SERVICES

- **Santa Barbara County Homeless Services Coordinated Entry Hotline:** 805-450-3558
Housing and other resources for individuals and families experiencing homelessness.

North County

- **Good Samaritan Shelter, Emergency Shelter and Family Transitional Housing Services**
<https://goodsamaritanshelter.org/shelter-programs-2/>
- **ECHO, Veteran Homeless Services** <https://echovets.org/#6a926a29-a646-4af5-9b87-fcc783d5a46b>

South County

- **Santa Barbara Rescue Mission:** <https://sbrm.org/programs/homeless-guest-services>
- **Transition House, Emergency Shelter and Transitional Housing Services for Families**
<https://www.transitionhouse.com/programs-and-services/>
- **PATH, Interim Housing Services** <https://epath.org/regions/santa-barbara-central-coast/>

Countywide

- **Freedom Warming Centers** <https://www.uspb.org/fwc/>

MEDICAL COVERAGE

- **Medi-Cal:** apply at mybenefitscalwin.org
Medi-Cal is a public health coverage program for those with limited incomes, or another qualifying factor. There is no special enrollment period: you can apply for Medi-Cal year-round.
- **Covered California:** apply at coveredca.com
Covered California is the state's online health insurance marketplace for health insurance with subsidies (based on income) that may reduce your cost (premiums and/or co-pays).
- **PAN Foundation (Assistance with Out of Pocket Medical Costs):** <https://www.panfoundation.org/> Assists underinsured people with life-threatening, chronic and rare diseases cover out of pocket costs such as medications or treatment.

MENTAL & BEHAVIORAL HEALTH

- **Transitions-Mental Health Association:** visit t-mha.org

This organization offers a wide variety of services, as well as hotlines:

- Santa Barbara & San Luis Obispo County Hotline: (800) 783-0607
- Santa Maria Recovery Learning Community: (805) 928-0139

- **Family Service Agency:** visit fsacares.org

This organization promotes hope, strength, and stability for Santa Barbara County children, families and seniors.

- If you need support services or mental health counseling, please contact the FSA office in your community. In Santa Barbara: (805) 965-1001. In Santa Maria: (805) 928-1707. In Lompoc: (805) 735-4376. In Guadalupe (805) 343-1194.

- **24/7 Behavioral Wellness Access Line:** 1-888-868-1649

Referral lines for mental health and substance use services and assistance for individuals experiencing mental health crises.

- **National Suicide Prevention Life Line:** 1-800-273-TALK (8255)

- **Coronavirus Anxiety Toolkit:** <https://www.virusanxiety.com/>

Helpful tools and strategies to combat anxiety and other impacts of COVID-19.

ALCOHOLICS ANONYMOUS

- **Online AA Meetings During COVID-19:** bit.ly/34ASiTX
Directory of online meetings and other resources
- Online AA Intergroup meetings: aa-intergroup.org/directory

LGBTQ+

- **Pacific Pride Foundation:** <https://pacificpridefoundation.org/>
Provides services to the HIV/AIDS and LGBTQ+ communities of Santa Barbara County.

EDUCATION RESOURCES

PARENT SUPPORT

- **Online support group** from Facebook.
For parents to get support with home learning. Visit facebook.com/groups/temphomeschoolers.

ONLINE LEARNING RESOURCES

- **Independent Learning Resources** from Orcutt Schools.
For more information, visit bit.ly/2xl4cWo.
- **L'il Libros worksheets** for kids.
Free access. For more information, visit instagram.com/p/B9rrKxiFGIB.
- **Math instructional program** from MIND Research Institute.
No-cost access to a free math instructional program for students in grades K-8. Visit bit.ly/2K3HoxU.
- **Free online learning** from Scholastic.
“Learn at Home” website has learning experiences for kids of all ages. Visit bit.ly/2RCzfmK.

EDUCATIONAL TV

- **Educational TV programming** from PBS and KCET.
Southern California PBS channels as follows: Pre-K - 3rd grade on PBS SoCal, Pre-K - 12th grade on KLCS, and 9th - 12th grade on KCET. For more information, visit bit.ly/3bahymh.

OTHER

CAR INSURANCE

- **California Low Cost Auto:** mylowcostauto.com
A state-sponsored program that provides affordable, low-cost liability insurance to eligible California drivers whose income is 250% or below the Federal Poverty Guidelines.

PRICE GOUGING

- **County of Santa Barbara District Attorney's Office Consumer Protection Unit:** (805) 568-2300
Consumer Complaint Form (English):
https://www.countyofsb.org/da/msm_county/documents/ConsumerComplaintForm_Fillable.pdf
Consumer Complaint Form (Spanish):
https://www.countyofsb.org/da/msm_county/documents/CCFormSPANISHFillable.pdf